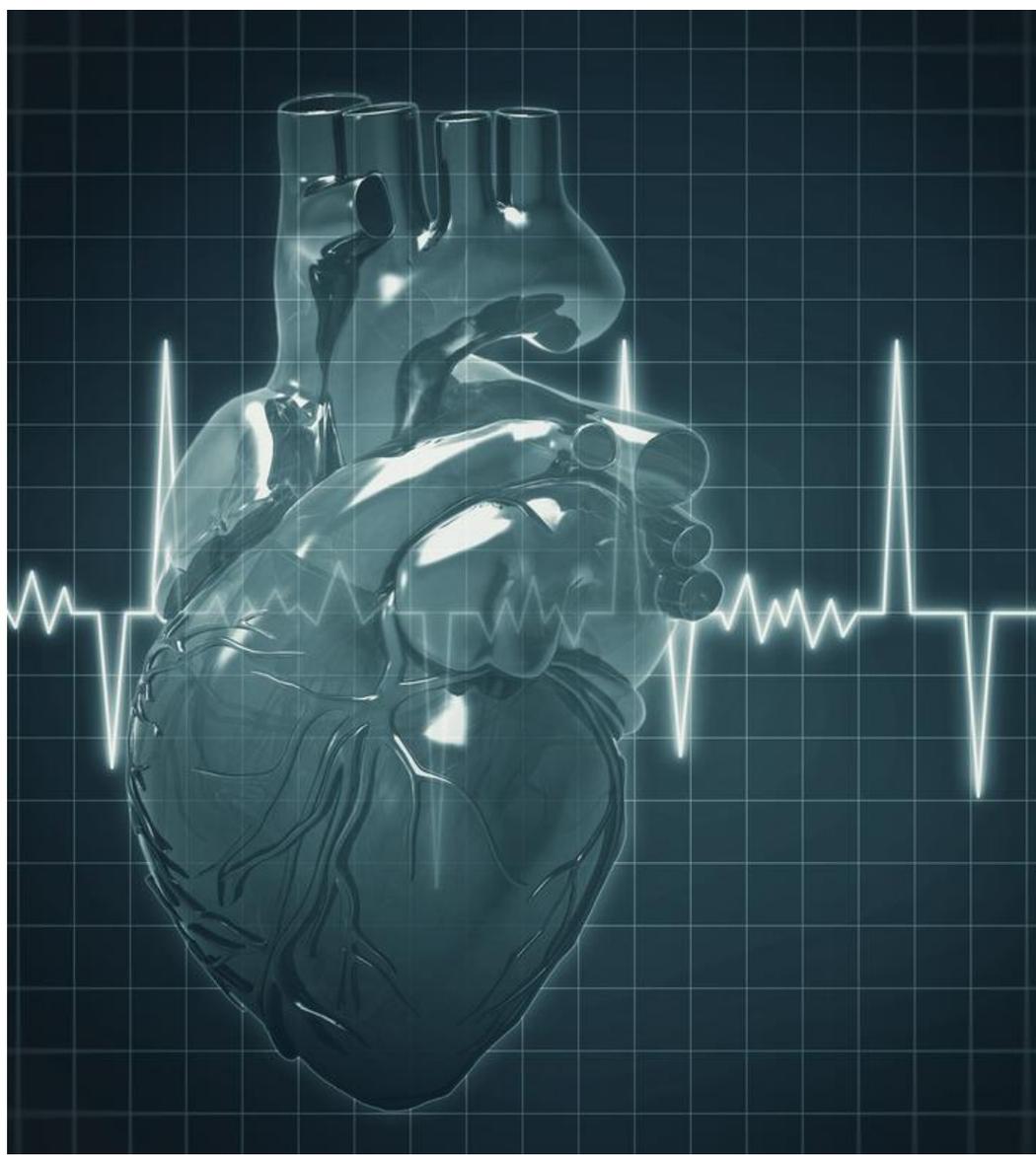


CTANS Newsletter

FALL EDITION | 2021



CTANS BOARD MEMBERS

Tonya Morrell, *President*

Lindsay Nicholson, *Vice President*

Brittany Marsh, *Director*

Lindsay Phillips, *Treasurer/Registrar*

Jay MacMullin, *CEU/Education Coordinator*

Alicia Drew, *Secretary*

HIGHLIGHTS

- ♥ A Word From Your Board Members
- ♥ Paying Dues
- ♥ How to Obtain CEUs
- ♥ The NEW Website and How to Navigate
- ♥ CSCT Proxy
- ♥ Cardiology Fun

Hello members! Please read this newsletter carefully and share it with your fellow RCT's. If you have any feedback or questions about information discussed in this newsletter, please contact the appropriate board member below.

MESSAGE FROM OUR PRESIDENT

Dear CTANS Members,

I hope everyone has had a wonderful summer and got to enjoy the excellent weather we had.

Since our AGM back in May, the board has been keeping busy with a couple of meetings and have been working on a few items. Here are just a few:

- ♥ The board has had two meetings since AGM, via zoom,
- ♥ At the beginning of the summer, an email was sent out to all members asking for volunteers to be on the Legislative Committee, we have not had an official meeting but more than likely we will have one in the fall,
- ♥ Our By-laws have been updated, the two positions (secretary and webmaster) have been added by the lawyer
- ♥ The board is working on revising the policies for the association.

I am very happy to announce that the AGM will be held in person, May 2022 in Digby, NS (restrictions permitting). Thanks to Linda Gregory and her team, they agreed to host us. I do encourage as many members as possible to attend, especially newer members so you can see what the weekend is all about and meet Cardiology Technologists from all over the Maritimes. We never disappoint!

I also want to welcome new members to our association. I know quite a few wrote their certification exam back in late April. As well as the students who wrote this past week, this is probably the longest part of the entire process, waiting for results. All the best to you!!

I want to take this opportunity to thank the previous board members: Ashley, Sarah, and Mike for all their hard work. A lot of volunteer time goes into these positions and to that I say, "Thank You". I also want to welcome the newest members to the board: Alicia Drew & Lindsay Nicholson. We'll have so much fun!!

Lastly, I would love to say a huge thank you to the board for having me back. I have become "that person" when it comes to technology...and thankfully the board has become very patient with me as I learn the new ways of it all. Apparently, you *can* "teach an old dog new tricks".

Tonya Morrell, RCT
CTANS President



THE ONLY THING
GETTING 'LIT' THIS
WEEKEND ARE MY FALL
SCENTED CANDLES

"To all those Fall people..."

MESSAGE FROM OUR DIRECTOR

Hello Members,

I hope everyone had a great summer and stayed healthy and safe during these last few months. Since our AGM in May, the provincial board has met twice while our national board met once in June. At the National meeting, we made updates to the CEU Standards to include this year's virtual CCC, we voted in the national education director assistant, and made plans for our the upcoming CSCT AGM on October 16th, 2021. I want to thank everyone who put their resume forward for the position of education director assistant and please know that the national board was very impressed with everyone and had a tough time narrowing down who was best for the job. This position went to Oksana Czaikowski as she has previous provincial and national board experience. The national board is keeping the members who applied in mind for other potential vacancies.

The CCC will be virtual again this year and run from October 20th-23rd. The CSCT is holding their education day for members on October 23rd on channel 2. You can register for a one day only pass if you are unable to register for the full conference. To find out more about the CCC, check out their website at: <https://ccs.ca/event/canadian-cardiovascular-congress-2021/>

The CSCT AGM will be offered virtually again this year via Zoom. The Provincial Directors and National Board Executives will be in-person for this meeting to try and aid any technical issues that arise. If you wish to attend the CSCT AGM you **must pre-register before October 8th**. This is only 1 week away! The link to register for the CSCT AGM is: <https://www.csct.ca/AGM>

If you cannot attend online but wish to give a proxy, please fill out the proxy form found at the end of this newsletter and have it submitted to brittany@ctans.ca by October 8th at midnight. Proxy forms can also be found on the CSCT website by clicking on the AGM tab.

Lastly, you may have started to receive reminder emails from CTANS to renew your membership application. This must be done by all members by October 31, 2021, including those who are payroll deducted members. You will get reminder emails throughout the month of October to ensure you do not forget.

Please make sure you check your junk mail for emails sent from admin@ctans.ca.

To renew your membership, you need to:



1. Go to ctans.ca and click log in at the top right corner
2. Sign into the CTANS website with your username and password
3. Click on your name at the top right of the screen to take you to your profile
4. Click 'Renew your membership'
5. Update your personal information
6. Either pay dues now or click pay later. Click pay later if you are a payroll deducted member or if you are paying by money order. Once the payroll deduction cheque from NSHA is received or your money order is deposited, you will be marked as paid, and your membership will renew.

Please do not hesitate to reach out if you are having trouble with the website. This is the first year that all boards across the country will be using the Wild apricot database for payment of dues and updating members. Please be patient with Lindsay, our treasurer, and me as webmaster as we work through updating everyone's profile after October 31. Remember the national and provincial boards are run by volunteer members who have your best interest in mind. Stay safe everyone and have a Happy Halloween!

Yours truly,

Brittany Marsh, RCT

Director and Webmaster of CTANS





HELLO FROM YOUR VICE PRESIDENT

Happy Fall Y'all!

I hope everyone enjoys this new issue of the newsletter. You will have to bear with me as I grow into my new role as VP, Brittany has given me some big shoes to fill. The amazing Newsletters and frequent social media updates will be hard to top!

This past July I had the opportunity to attend this year's Heart Rhythm Conference (**IN PERSON**), in Boston. It was so exciting, and nerve racking, to travel again. I highly recommend attending next year's HRS conference which takes place in San Fransisco, there is so much to learn and plenty of interesting lectures to sit in on. Also, it counts towards your CEU's!!

Lindsay Nicholson, RCT
CTANS Vice President



EDUCATION/CEU COORDINATOR REPORT

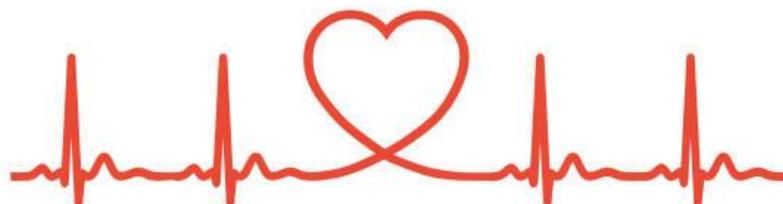
Happy Fall Everyone!

So here we are, almost a third of the way through the Triennium. I haven't had too many emails about problems uploading CEUs so I'm hoping everyone is managing ok. Please remember to email me when you upload your CEUs, so I know to go in and verify them. I will be updating everyone's' CEUs during the month of October. I would like to also request that any CEUs you would like counted and updated this month, please try to have them submitted by Oct. 25. Any CEUs submitted after Oct. 25 may not be updated until this December. I will be doing the CEU Updates every 3 months (March, June, October, and December). Do not panic if you haven't gotten all your CEUs yet, the **end of the Triennium is December 31st, 2022**. Everyone still has a year and 3 months to get them submitted. Don't hesitate to reach out to me if you have any questions or concerns. Please put "URGENT" in the subject line of your email so I know it's something that requires my more immediate attention.

Last, but not least, I want to wish the best of luck to the students that recently wrote the CSCT Exam. I hear nothing but positive things about the students from the Techs that teach them, so I know they'll do well!

I hope everyone is doing well, and that you all have a safe and very Happy Halloween!

Jaye MacMullin, RCT
CTANS CEU/EDU Co-ordinator





REGISTRAR AND TREASURER REPORT

As registration “falls” upon us I ask you to become familiar with the new CTANS website. This is where you will be completing your registration for your dues. You may pay through PayPal or credit card through the website. You may also send a cheque if you prefer. Please email me and I will provide the address. If paying through payroll deduction I will update your status, but you will still need to log on to the website complete registration. If you are unsure if you have payroll deduction, please check your paystub, or contact your hospitals payroll/admin office. I do not know this information until I receive cheques from the employer. You no longer need to send in the dues renewal form as you must confirm your information on the website to complete your 2022 dues/registration.

Late submissions are subject to a \$100 late fee. This will be added automatically through the website after the Oct. 31, 2021.

Reminder that your dues are paid for the upcoming year not the year you pay. CTANS payments are due October 31 annually. Cards and receipts can now be printed on the new website. CTANS and CSCT will no longer be providing cards by mail. The card you print through the website will be for both the CSCT and CTANS.



I will post on FB and send an email when registration is completed so the members who pay via payroll deduction will know. I am very excited to learn all the features of the website. I have found it to be very user friendly. Please understand that this is the first year we are using the website for dues renewal and there is to be some growing pains. Please note that registration does not need to be completed on CTANS end until Jan. 2022.

Thank you to the membership and I am looking forward to seeing everyone at the 2022 AGM in Digby.

Lindsay Phillips, RCT
lindsay@ctans.ca
CTANS Registrar & Treasurer



Canadian Society of Cardiology Technologists

Proxy Form

Canadian Society of Cardiology Technologists (CSCT) Annual General Meeting on October 16, 2021

COMPLETE THIS SECTION TO APPOINT A PROXYHOLDER

Appointment of Proxy

I, (name) _____, (CSCT #) _____ being a member in good standing of the Canadian Society of Cardiology Technologists (CSCT) and entitled to attend and vote hereby appoint:

The Chair of the Meeting

OR

Print in the name of your appointment if this

(mark with an "X")

person is NOT the Chair of the Meeting

or, failing the person named, or if no person named, the Chair of the Meeting, as my proxy to act generally at the meeting on my behalf and to vote in accordance with the following directions (**or if no directions have been given, as the proxy sees fit**) at the Annual General Meeting of CSCT to be held on **Saturday, October 16, 2021 beginning at 9am Pacific Daylight Time (PDT)**

**PLEASE REGISTER YOUR PROXY WITH
YOUR PROVINCIAL DIRECTOR
NO LATER THAN 11:59pm PDT, October 8, 2021**

COMPLETE THIS SECTION TO PROVIDE SPECIFIC VOTING INSTRUCTIONS

Please check "FOR" or "AGAINST" as applicable, for each of the following items. Mark your vote with an X.

<hr/> ORDINARY BUSINESS <hr/>	<hr/> FOR <hr/>	<hr/> AGAINST <hr/>
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Item A. Approval of AGM Agenda

Motion to approve the Agenda
for the current AGM, as circulated.

Item B. Approval of Minutes of March 2021 AGM

Motion to approve the Minutes of the
March 2021 AGM as circulated.

Item C. Appointment of Auditors for Deloitte

Motion to appoint the firm of Deloitte
as CSCT auditors the fiscal year ending March 31, 2022

Item D: Election of eight (8) Directors for a two-year term:

Director for BC: Sean Freeze

Director for AB: Amber Myre

Director for SK: April Forrest

Director for MB: Colleen Bemister

Director for ON: Blair Arnold

Director for NS & PEI: Brittany Marsh

Director for NB: Valerie Gilbert

Director for NL: Megan Willette

Item E: Election of Director at Large for a two-year term (who may be appointed as President):

Crystal Shendaruk

ORDINARY BUSINESS continued

Item G. Any other matters that may properly come before the AGM Choose one option with an X:

_____ **OPTION A:** In the event that I have provided specific instructions and any amendments or additional issues arise, my proxy holder may vote on my behalf on any such new issues or amendments in any manner as the proxy holder sees fit.

OR

_____ **OPTION B:** In the event that I have provided specific instructions and any amendments or additional issues arise, my proxy holder shall abstain from voting on my behalf.

I acknowledge that this proxy will be acted upon unless revoked by me in writing or by my attendance at the meeting.

DATED at _____ this ____ day of _____, 2021.

Signature of Voting Member _____

CSCT OFFICERS			
CSCT President	Crystal Shendaruk		president@csct.ca
CSCT Vice President	Amber Myre		vicepresident@csct.ca
CSCT Treasurer	Karen Schaus		treasurer@csct.ca
CSCT Education Director	Emily Coffey		educationdirector@csct.ca
CSCT Registrar	Cheryl West		registrar@csct.ca

CSCT Secretary	Gretchen Dunn		secretary@csct.ca
PROVINCIAL DIRECTORS			
British Columbia	Sean Freeze		director-bc@csct.ca
Alberta	Amber Myre		director-ab@csct.ca
Saskatchewan	April Forrest		director-sk@csct.ca
Manitoba	Colleen Bemister		director-mb@csct.ca
Ontario	Blair Arnold		director-on@csct.ca
New Brunswick	Valerie Gilbert		director-nb@csct.ca
Nova Scotia & PEI	Brittany Marsh		director-ns@csct.ca
Newfoundland	Megan Willette		director-nl@csct.ca

CSCT Continuing Education Units (CEU) Standards

Effective January 1, 2020

***unless otherwise specified, credits are per year

Academic Training – Pertaining to CSCT and accredited Cardiology Technology programs

Successfully completing the CSCT Certification exam	30 CEUs
Successfully completing other cardiac related exams (ie. IBHRE, ARDMS, CARDUP, CVT, etc.)	15 CEUs
Formal education/courses from an accredited program ₅	5 CEUs per course/max 15 per triennium

Continuing Education & Training - Pertaining to attendance of cardiac conferences, seminars and workshops, supplementary education, research, lecture, presentation, courses and training.

Publishing cardiology paper, article, abstract	Primary author 30 CEUs Co-author 25 CEUs
Clinical Preceptors ₆	1 CEU per 7.5 hours / max 5 per year
CCC Attendance	5 CEUs per day /15 per year
CCC Virtual Registration ₁₀	5 CEUs per day
Cardiology related research projects	5 CEUs for research & 1 CEU for presenting
Provincial Education Day	1 CEU per topic/up to 5 per day
Internet studies, readings, videos, television programs, cardiology related articles and journals ₇	Up to 2 CEUs/max 8 per year
Conferences, seminars, webinars (ie. CCC On Demand) and inservices ₈	1 CEU per 1 hour/up to max 5 per day
Cardiology rounds	1 CEU per 1 hour/max 5 per year
Public Education Event-planning/participating	Up to 5 CEUs per event
CSCT website based case studies - submissions	1 CEU per study
CPR / BCLS / ACLS / First Aid / BLS / HCP / AED / PALS / NRP	5 CEUs
Recertification of above mentioned courses	2 CEUs per year
Teaching ₉	1 CEU per hour/max 5 per year

Professional Services - Pertaining to national and provincial board committee membership participation, attendance and representation in all aspects.

CSCT Board of Directors membership / meetings		5 CEUs per year
Provincial Executive Committee membership / meetings		1 CEU per hour/max 5 per year
CSCT / Provincial Ad Hoc Committee member or Committee Chair		2 CEU per committee
Attendance of Provincial AGM / CSCT AGM		5 CEUs
CSCT BOD approved surveys/ projects / NOCP surveys		Up to 5 CEUs per survey
Report for provincial / national newsletter		2 CEUs
Cardiology Exam invigilator – school exams, i.e. BCIT, Stenberg programs		1 CEU per exam/max 5 per year

CEU STANDARDS GUIDELINES

APPENDIX

- CCC-Canadian Cardiovascular Congress
- IBHRE-International Board of Heart Rhythm Examiner
- ARDMS-American Registry for Diagnostic Medical Sonography
- CARDUP-Canadian Association of Registered Diagnostic Ultrasound Professionals
- CVT-Cardiovascular Technology
- BCIT-British Columbia Institute of Technology

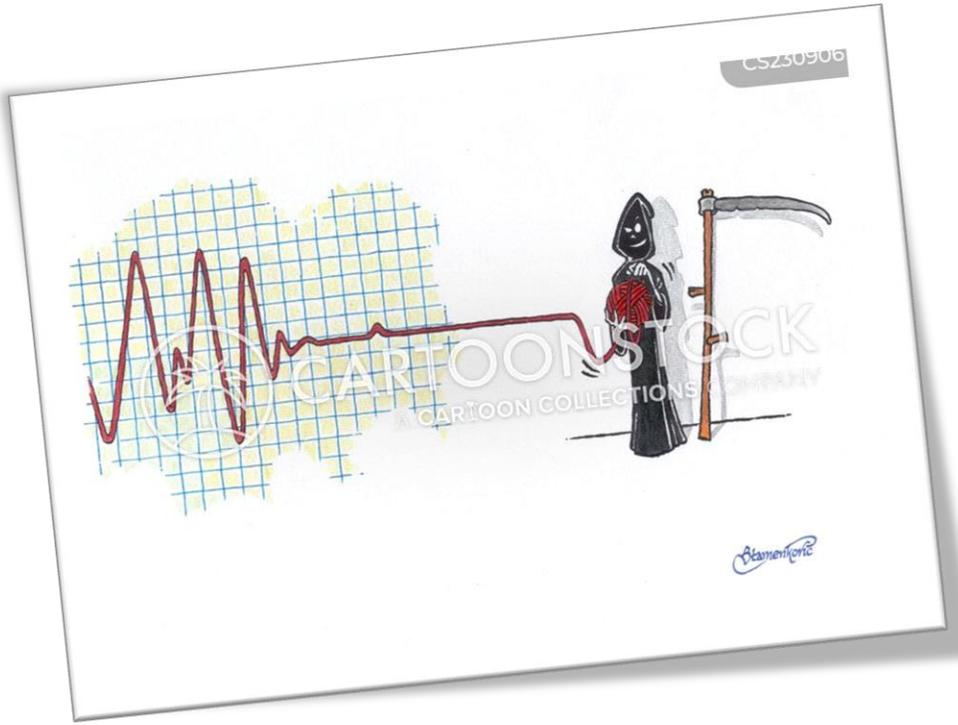


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Don't forget it's not over yet but we're in this fight together!

Stay STRONG, Stay SAFE!

Have A Happy Fall and A Safe Halloween!



Thank you, members, for taking the time to ready the fall newsletter.